

### Stuart Elementary School Lunch Menu For April 2008

All menu items are subject to change.



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	Tue., April 1	Wed., April 2	Thu., April 3	Fri., April 4	Week of March
<p><b>Ordered Daily</b></p> <p><b>Breakfast</b> Cereal w/ Graham Cracker Orange Juice, Milk ***** <b>Lunch:</b> Yogurt Entree, Chef Salad Veggie Plate Fresh / Chilled Fruit, Milk</p>	<p><b>Breakfast</b> Breakfast Pizza 25 <b>Lunch</b> Fish Nuggets 11 Mac &amp; Cheese 19 Green Peas 6 Hush Puppies 11</p>	<p><b>Breakfast</b> Biscuit &amp; Gravy 21 <b>Lunch</b> Turkey &amp; Cheese on Whole Wheat Bun 14 Sweet Potato Fries 19 Baked Beans 10</p>	<p><b>Breakfast</b> Bagel 19 <b>Lunch</b> Spaghetti w/ Meat Sauce 20 Side Salad 20* Carrot Stix 6 French Bread 12</p>	<p><b>Breakfast</b> Sausage Biscuit 25 <b>Lunch</b> Hamburger on Whole Wheat Bun 15 Lettuce, Tomato &amp; Pickle 2 Baked Fries 11</p>	<p>Calories 807 % Protein 28 g m Cal Sodium 88 g m 24% Fat 25 g m 24% Vitamin A 1287 m 24% Vitamin C 28 mg Iron 7 mg</p>
Mon., April 7	Tue., April 8	Wed., April 9	Thu., April 10	Fri., April 11	Week of March
<p><b>Breakfast</b> Poptart 10 <b>Lunch</b> Hot Dog on Whole Wheat Bun 22 Cole Slaw 12 Mixed Veggies 12</p>	<p><b>Breakfast</b> Pancakes 20 <b>Lunch</b> Chicken Nuggets 11 Creamed Potatoes 15 Green Beans 4 Whole Wheat Roll 20</p>	<p><b>Breakfast</b> Biscuit &amp; Gravy 21 <b>Lunch</b> Stuffed Cheese Stix 22 Salsa 4 Side Salad 20 Steamed Carrots 5</p>	<p><b>Breakfast</b> Cinnamon Roll 20 <b>Lunch</b> Taco Salad w/ Tortilla Chips 22 Lettuce, Tomato &amp; Cheese 4 Pinto Beans 11 Combread 19</p>	<p><b>Breakfast</b> Sausage Biscuit 25 <b>Lunch</b> Pizza 27 California Blend Veggies 12 Corn 15 Side Salad 20*</p>	<p>Calories 858 % Protein 32 g m Cal Sodium 88 g m 24% Fat 21 g m 21% Vitamin A 1280 m 24% Vitamin C 25 mg Iron 8 mg</p>
Mon., April 14	Tue., April 15	Wed., April 16	Thu., April 17	Fri., April 18	Week of March
<p><b>Breakfast</b> Muffin w/ Graham Cracker 19 <b>Lunch</b> Sloppy Joe on Whole Wheat Bun 17 Corn 15 Sweet Potato Fries 19 Baked Beans 10</p>	<p><b>Breakfast</b> Pancakes 20 <b>Lunch</b> Chicken Fajita 22 Loco Bread Lettuce, Tomato 22 Carrot Stix 6</p>	<p><b>Breakfast</b> Biscuit &amp; Gravy 21 <b>Lunch</b> Nachos w/ Cheese 22 Steamed Broccoli 12 Carrot Stix 6</p>	<p><b>Breakfast</b> Cinnamon Raisin Biscuit 25 <b>Lunch</b> Pulled Pork BBQ 17 Black-eyed Peas 11 Cole Slaw 12 Creamed Potatoes 15 Combread 19</p>	<p><b>Breakfast</b> Sausage Biscuit 25 <b>Lunch</b> Cheeseburger on Whole Wheat Bun 15 Lettuce, Tomato 2 Baked Fries 11</p>	<p>Calories 808 % Protein 41 g m Cal Sodium 88 g m 24% Fat 22 g m 21% Vitamin A 1280 m 24% Vitamin C 28 mg Iron 8 mg</p>
Mon., April 21	Tue., April 22	Wed., April 23	Thu., April 24	Fri., April 25	Week of March
<p><b>Breakfast</b> Poptart 10 <b>Lunch</b> Comdog 22 Cole Slaw 12 Baked Beans 10 Potato Wedge 11</p>	<p><b>Breakfast</b> Egg Biscuit 25 <b>Lunch</b> Turkey w/ Gravy 11 Creamed Potatoes 15 Green Beans 4 Whole Wheat Roll 20</p>	<p><b>Breakfast</b> Biscuit &amp; Gravy 21 <b>Lunch</b> Burritos 20 Lettuce, Tomato 4 Mexican Rice 12 Broccoli w/ Cheese 10</p>	<p><b>Breakfast</b> Breakfast Pizza 25 <b>Lunch</b> Vegetable Beef Soup 12 Crackers 10 Toasted Cheese Sandwich 22 Side Salad 20*</p>	<p><b>Breakfast</b> Sausage Biscuit 25 <b>Lunch</b> Quesadilla 25 California Blend Veggies 12 Lettuce, Tomato 2 Mexican Corn 12</p>	<p>Calories 842 % Protein 27 g m Cal Sodium 87 g m 17% Fat 21 g m 20% Vitamin A 1287 m 24% Vitamin C 28 mg Iron 7 mg</p>
Mon., April 28	Tue., April 29	Wed., April 30	<p>* Side Salad Includes Salad Dressing</p> <p><b>T-CAP BREAKFAST</b> 2 days during T-CAP Week the cafeteria will offer a free breakfast to all students. Breakfast will be served in the cafeteria and the serving days will be announced.</p>		Week of March
<p><b>Breakfast</b> Muffin w/ Graham Cracker 19 <b>Lunch</b> Tuna Salad Sandwich 22 Lettuce, Tomato &amp; Pickle 2 Potato Smiles 19</p>	<p><b>Breakfast</b> Blueberry Bagel <b>Lunch</b> Ham 0 Creamed Potatoes 15 Green Beans 4 Roll 20</p>	<p><b>Breakfast</b> Biscuit &amp; Gravy 21 <b>Lunch</b> Chicken Patty on Whole Wheat Bun 25 Lettuce, Tomato 2 Mixed Veggies 12</p>			<p>Calories 872 % Protein 28 g m Cal Sodium 92 g m 24% Fat 18 g m 17% Vitamin A 1287 m 24% Vitamin C 27 mg Iron 7 mg</p>