



Cleveland City Schools 2018 — 2019 Fall MENU

Additional Lunch Meals:


Meal 1

CYCLE MENU Week 1

Choice of Milk with all Lunches

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Chicken Sliders Green Beans Steamed Carrots Hash Brown Rounds Leafy Greens & Veggie Bar Fruit Buffet	Pot Roast w/Steamed Rice & Roll Steamed Broccoli Sweet Potato Wedges Leafy Greens & Veggie Bar Fruit Buffet 100% Fruit Juice	Buffalo or BBQ Chicken Flatbread Whole Kernel Corn Black Beans & Latin Spices Leafy Greens & Veggie Bar Fruit Buffet	Spaghetti & Meat Sauce w/Breadstick California Blend Vegetables Leafy Greens & Veggie Bar Fruit Buffet 100% Fruit Juice	Chili w/Crackers & Cornbread Cheesy Cauliflower Meadow Blend Vegetables Leafy Greens & Veggie Bar Fruit Buffet

Meal 2 = Lunch Around the World (Cycles weekly)

- Monday = All American Burgers 
- Tuesday = Asian Chicken Dippers & Rice
- Wednesday = Italian Pizza Slice
- Thursday = South of the Border Loaded Nachos
- Friday = English Fish & Chips

Communication Corner

Cleveland City Schools offers both breakfast and lunch at no charge to students PK–8th grade through the USDA Community Eligibility Provision.

Students who do not choose a fruit or vegetable and at least two other full components will be charged a la carte prices. A variety of snacks that meet the USDA regulations for all foods sold in schools are offered daily. You can register at schoolcafe.com and make deposits to a student's meal account as well as see an account history of purchases. This valuable resource will help guide students purchasing decisions.

Please contact the School Nutrition Program Office at 472-9574 with questions.

Meal 1

CYCLE MENU Week 2

Choice of Milk with all Lunches

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Twisted Chicken Alfredo w/ Breadstick Green Beans Steamed Carrots Leafy Greens & Veggie Bar Fruit Buffet	Toasted Cheese Sandwich Vegetable Beef Soup Black-eyed Peas Spinach Leafy Greens & Veggie Bar Fruit Buffet 100% Fruit Juice	BBQ Pork Sandwich Baked Beans Creamy Cole Slaw Tater Tots Leafy Greens & Veggie Bar Fruit Buffet	Orange Chicken w/ Steamed Rice & Roll Oriental Blend Vegetables Leafy Greens & Veggie Bar Fruit Buffet 100% Fruit Juice	Soft Taco w/Doritos Whole Kernel Corn Refried Beans Leafy Greens & Veggie Bar Fruit Buffet

Meal 3 = Schoolable

- Meat & Cheese**
(Monday) 
- Tuna or Chicken Salad**
(Wednesday)
- Yogurt & String Cheese** (Friday)

Meal 1

CYCLE MENU Week 3

Choice of Milk with all Lunches


<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Mac 'N Cheese w/Cornbread Turnip Greens Pinto Beans Leafy Greens & Veggie Bar Fruit Buffet	Salisbury Steak & Gravy w/Roll Green Peas Creamed Potatoes Leafy Greens & Veggie Bar Fruit Buffet 100% Fruit Juice	Chicken Patty Sandwich Broccoli Alfredo Sweet Potato Wedges Leafy Greens & Veggie Bar Fruit Buffet	Egg/Cheese Omelet w/Biscuit Peppered Gravy Hash Brown Patties Spiced Apples Leafy Greens & Veggie Bar Fruit Buffet 100% Fruit Juice	Roasted Hot Dog on a Bun Oven Baked Fries Baked Beans Creamy Cole Slaw Leafy Greens & Veggie Bar Fruit Buffet

Breakfast Meals

- Meal 1 = Wake Up to School Breakfast** — 3 Week Rotating Cycle
- Meal 2 = Saturday Morning Breakfast**—only served in cafeteria. Cereal & Grahams Crackers



CHS Only — (9-12)

- Meal 2 = Hot sandwich & Pizza Bar**
- Meal 3 = Cold Sandwich & Salad Bar**
- Juice offered daily at all meals
- Breakfast = Separate Menu 

A Meal includes choice of 1 main entrée item, choice of 2 vegetables, choice of 1 fruit, & choice of 1 milk.

MENU IS SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY, HOLIDAYS, AND SPECIAL SCHOOL EVENTS

USDA is an equal opportunity provider and employer.

August 2018							September 2018							October 2018							November 2018							December 2018							January 2019							February 2019							March 2019							April 2019							May 2019																																																																																																																																									
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