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CHS DAILY FAVORITES LINE

Monday	Carbs	Tuesday	Carbs	Wednesday	Carbs	Thursday	Carbs	Friday	Carbs
Cheeseburger	25	Cheeseburger	25	Cheeseburger	25	Cheeseburger	25	Cheeseburger	25
Spicy Chicken Sandwich	34	Spicy Chicken Sandwich	34	Spicy Chicken Sandwich	34	Spicy Chicken Sandwich	34	Spicy Chicken Sandwich	
Chicken Nuggets & Roll	27	Loaded Nachos		Potato Bar		Loaded Nachos		(1447) & Hushpuppies	
		Tater Tot Tuesday	19					Curly Fry Friday	20
Students must choose either a half cup up fruit or a half cup of vegetables and two other full components for a meal.									
						Choice of up to 1 cup Fruit			
						Choice of Milk (8 oz)			
**Modified for DC									

CHS SALAD AND RAIDER KIT OPTIONS

Daily Salad Options	Daily Raider Kit Options	Smart Mouth Pizza Variety
Chef Salad	Hummus	Pepperoni
Asian Salad	Ham or Turkey and Cheese	Sausage
Garden Salad	Fajita Wrap	Cheese
Southwest Salad	Tuna Hoagie or Crackers	Pepperoni calzone
Tuna Salad	Turkey or Ham and cheese hoagie	Cheesy Bread
	PB&J	